

DRAMA

Introduction to *His Story – 3 Monologues*

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The COVID-19 pandemic challenged many people in many different ways. It forced us to learn to cope with boundaries and gave us new perspectives in life. Most of us had to re-evaluate our priorities and re-adjust our lifestyle for the future while some of us ended up trapped within the four walls of our mind, spending the lockdown re-analysing the life we've lived so far.

Karam Tabba, Lawrence Chin and Zee were among 20 people who decided to reach out for some support as they processed their own thoughts in confinement. They participated in a writing workshop I organised during the pandemic and spent a good four-month producing monologues based on their own experiences. To be honest, the workshop felt more like therapy sessions as the participants shared stories of abandonment, love, lack of love and bonded over our most intimate secrets.

I hope you enjoy reading these monologues as much as I have enjoyed the process of its creation. These monologues are followed by the transcript of a short interview I conducted with each playwright. Cheers!